



## Drop-off & Pick-up from Camp

- To avoid congestion, campers must be dropped off between 8:15 a.m. and 9:15 a.m.\*
- Campers arriving after 9:15 a.m. must sign in at the office with an accompanying adult.
- Pick-up time is between 3:45 and 4:45 p.m.\*

\*Upon registration, parents/guardians will select a 15-minute window for drop-off and pick-up to help avoid the congestion caused by increased traffic

## Early Dismissal

- Parents/Guardians requesting early dismissal must send a note to the Camp office. A phone call follow-up is also recommended.
- You must sign your child out at the office before leaving Camp.
- We recommend that early dismissals be scheduled between 12:30 and 1:30 p.m. However, the **early pick-up time must be before 3:00 p.m.**

## Transportation

Due to strict COVID-19 regulations no transportation will be provided to and/or from Camp.

## Visitors' Policy

Due to the strict COVID-19 regulations, there will be no visitors allowed at Camp Ramsbottom.

## What to Bring to Camp

Towel, bathing suit, hat, sunscreen, CDC approved face mask, water bottle (filling stations available throughout Camp), appropriate footwear (no flip-flops), and insect repellent. Inclement weather programming provided, but campers must bring rain gear. Please write camper's name on all personal items.

## What Not to Bring

Cell phones (campers who need to call a parent/guardian should go to the Office), hand-held electronics/games, toys, collectible cards, sports equipment, and animals. Additionally, weapons, drugs or alcohol of any kind are prohibited.

## Food (Lunch/Trading Post)

- Lunches may be purchased upon registration for an additional fee each session.
- Do not send your child with a hot lunch — we do not have a way to heat up lunches at Camp, so ALL lunches will be served cold.
- The Trading Post offers snacks and beverages for purchase throughout the day.
- Water bottle filling stations are also available throughout Camp.

## Special Activities

- Activities including Campfires and Awards Ceremonies are held through the Camp season. Notices and permission slips will be sent home with details and information in advance of the activity. Please note: A small additional fee is required for attendance at the Campfires.
- Information on Friday theme days is in our Camp Ramsbottom Brochure and will also be posted online. Staff members will also remind campers in the days leading up to the theme day.

## Weather (Rainy Days/Severe Weather)

- **Rainy Days:**
  - Camp is held rain or shine. All activities are conducted outdoors. All program areas have canopies but NONE are indoors. Should you decide to send your child(ren) on an inclement weather day, please provide appropriate raingear (boots, coat/poncho, etc.)
- **Severe Weather:**
  - If we have advance notice of severe weather approaching the Rehoboth area, campers will be moved to the registration areas and remain there until the storm has passed. The registration areas are: the pavilion by the pool, the games shelter, and the large party tents in the main field.
  - In case of a quick hitting summer storm, campers and staff will report to the nearest shelter and remain there until the storm passes. All of the activities have a shelter from the elements.
  - For the safety of our campers and their parents/guardians, we do not permit campers to move about Camp during a storm, therefore, we ask that you wait to pick them up until the storm is over.

## Lost & Found

Found items are placed on the fence surrounding the pool for a week. After a week, items will be removed from the fence and brought to the girls' locker room. The Boys & Girls Club of Pawtucket/Camp Ramsbottom is not responsible for any damaged, lost, or stolen items.

## COVID-19 Guiding Principles:

The Boys & Girls Club of Pawtucket and Camp Ramsbottom are committed to providing the safest possible environment for all of our campers and staff. We follow the most up to date regulations set forth by the state of Massachusetts Department of Public Health, as well as the CDC. Please note that some policies may be updated prior to or during the Camp season as new guidelines are released.

- **Wellness Checks:** Every day prior to entering Camp, every member and staff will undergo a wellness check to ensure that no symptoms of COVID-19 are present, and the individual has not been recently exposed. If symptoms of COVID-19 are present such as: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea your child may not attend Camp until they are symptom free and cleared by a healthcare professional.
- **Social Distancing:** In order to maximize social distancing, we will limit the number of children and staff at Camp each session. Throughout the day, all activities will, to the best of their ability, maintain a 6 foot distance between participants except when engaged in active play. Extra measures such as limiting bathroom traffic and assigning specific pod areas will be enforced.
- **Stable Pods:** All campers will be grouped in pods of 10 and must stay with the same pod for the duration of the Camp session.\*
- **Face Masks:** Masks will be required when social distancing is not able to be maintained.\*

\*Subject to change based on MA Department of Public Health regulations at the time of Camp.

- **Handwashing & Sanitizing:** Handwashing & Sanitizing: Campers and staff will be required to wash and sanitize their hands frequently throughout the day.
- **Contact Tracing:** We will maintain logs of every camper and staff that members have contact with each day in order to provide contact tracing in the event of a positive case. In order to minimize risk, every effort will be made to limit participants contact with children and staff outside of their pod.
- **COVID-19 Testing:** While not required, we encourage all campers and staff to get tested for COVID-19 regularly while attending Camp.
  - If a child and/or staff contracts COVID-19: A sick child or staff member that tests positive for COVID-19 must not return to Camp until they have met the criteria for discontinuing home isolation and have consulted with a health care provider. If the child or staff member attended Camp while symptomatic or during the two days prior to symptom onset, the Boys & Girls Club of Pawtucket will determine if there were any close contacts during that time and work with the MA Department of Public Health to notify any affected parties.
  - In the event there is an exposure, Camp Ramsbottom will notify all employees and families about the exposure (while maintaining confidentiality), the local board of health, and the Camp's licensing agencies.
- **Quarantining after exposure:** If a child or staff member was exposed to COVID-19, the exposed individuals must stay home for the recommended quarantine period as set forth by the state of Massachusetts Department of Public Health.

*Camp Ramsbottom complies with regulations of the Massachusetts Department of Public Health regulations and is licensed by the Town of Rehoboth Board of Health. Camp Ramsbottom is ACA accredited.*

### Health Policy (Illness/Injury/Medication)

- Camp Ramsbottom is equipped to care for children who are in good health. **Children should not attend Camp if they exhibit any of the following symptoms:**
  - Fever of 100°F or more;
  - Vomiting or diarrhea;
  - Severe nasal or eye discharge;
  - An unidentified rash;
  - A contagious disease (e.g.: chicken pox, measles, etc.)
  - If a child is prescribed antibiotics, the child must be on that medication for at least 24 hours before returning to Camp. If your child has a communicable disease, please notify the Camp office as soon as possible.
  - If a child becomes ill at Camp, parents/guardians will be contacted to make necessary arrangements to pick-up their child within 30 minutes.
- **Your child can return to Camp when:**
  - Their temperature is consistently below 100°F for 24 hours without medication;
  - An infection has been diagnosed and your child has been on antibiotics for 24 hours;
  - It has been 24 hours since the last episode of vomiting or diarrhea;
  - Nasal or eye discharge has subsided;
  - Their rash has subsided, or a physician has determined it is not contagious;
  - Ringworm has been treated and covered.
  - Depending on symptoms, a negative COVID-19 test may be required for return.

- **Injuries:**
  - The Health Care Supervisor will treat routine scrapes and cuts. In all cases of serious illness or accident the Camp Health Care Supervisor will contact the parent/guardian. In the event they cannot be reached the signed authorization on the child's health form will allow the Camp to secure proper treatment. A note will be sent home to parents/guardians about any treatment received from the Camp Health Care Supervisor. Injuries requiring rescue service and medical attention will be the financial responsibility of the parent/guardian.
- **Medication Policy:**
  - All medications that must be administered during Camp hours require written permission from the parent/guardian and prescription medications require written instructions from the child's medical provider or dentist.
  - All medications are kept in the First Aid Office and must be in the original prescription bottle, clearly labeled with the camper's name, date, and the amount and frequency of dosage.
  - Campers will only be allowed to carry and administer their own medications (such as an inhaler or EpiPen) with written permission from a parent/guardian and their primary care provider (physician, nurse practitioner, physician's assistant).
- In the unlikely event of a widespread medical or other problem at Camp, written notifications will be sent home with your camper within 24 hours.

### Behavior (Camp Rules/Anti-Bullying)

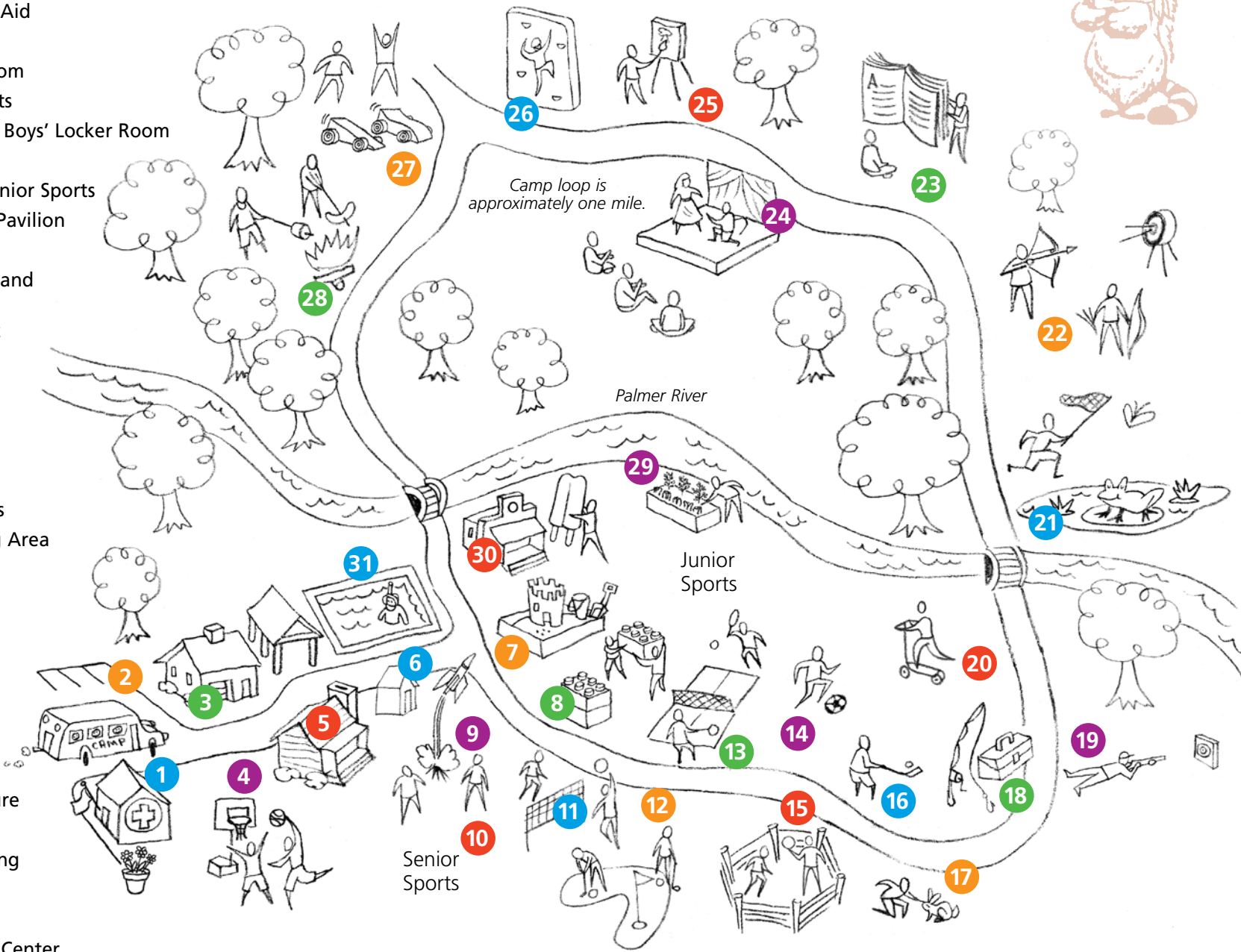
- **Camp Rules:**
  - DO show respect for others.
  - DO stay with your group at all times — stay on the paths and never wander off by yourself or leave Camp property.
  - DO listen to counselors/follow directions.
  - DO be on time — for lunch, tribe lines and assemblies.
  - DO help keep Camp clean — use the designated trash barrels.
  - DO play safely and fairly.
  - NO hitting, pushing, shoving, kicking or any other type of contact is allowed between members — report any incident to the nearest counselor.
  - NO throwing of anything, except balls or other sports equipment during games, sticks and stones must stay on the ground.
  - NO swearing.
  - NO cell phones are allowed at Camp.
  - NO bringing home of any insects, animals, or aquatic life from Camp.
  - The Camp Director reserves the right to dismiss a camper when the camper's behavior interferes with the rights of others, or when such behavior disrupts the operation of the group, activity, or the Camp in general.
- **Additional Policies:**
  - Parents/Guardians may obtain a summation of our procedure for background checks of staff as well as copies of our medical and discipline policies. Grievance forms are also available through both offices.
- **Tolerance:**
  - We are open-minded and do not fear differences. We welcome diversity in all its forms including ideas and capabilities, socioeconomics and faith, gender and age, race and ethnicity, sexual orientation and gender identity. We believe in equality — that all people have the same rights — and equity — that all people deserve fairness.

# CAMP RAMSBOTTOM

205 Winthrop St. (Rte. 44) Rehoboth, MA  
 401.722.8840 (year-round)  
 508.252.6300 (summer)  
[www.bgcpawt.org](http://www.bgcpawt.org)



- 1) Office and First Aid
- 2) Parking Lot
- 3) Girls' Locker Room
- 4) Basketball Courts
- 5) Pieri Lodge and Boys' Locker Room
- 6) Restrooms
- 7) Sandbox and Junior Sports
- 8) McHale Games Pavilion
- 9) Model Rocketry
- 10) Adventure Play and Senior Sports
- 11) Volleyball Court
- 12) Miniature Golf
- 13) Tennis
- 14) Soccer
- 15) Ga-ga Ball
- 16) Street Hockey
- 17) Bunnies & Goats
- 18) Fishing Meeting Area
- 19) Riflery
- 20) Scooters
- 21) Nature
- 22) Archery
- 23) Reading
- 24) Drama
- 25) Art & Crafts
- 26) Pioneering/Project Adventure
- 27) Box Car Races
- 28) Campfire Cooking
- 29) Gardening
- 30) Trading Post
- 31) Barlow Aquatic Center



### • **Anti-Bullying:**

- Children are entitled to a pleasant Camp experience, therefore, Camp Ramsbottom cannot serve children who display chronic disruptive behavior. Such behavior is defined as physical or verbal bullying that may involve but is not limited to behavior that:
  - Requires constant attention from the staff,
  - Inflicts physical or emotional harm on other children,
  - Abuses the staff, and/or
  - Ignores or disobeys the rules that guide behavior during the day at Camp.
- If a child cannot adjust to the Camp setting and behave appropriately, then the child may be suspended from Camp. All reasonable efforts will be made to help children adjust to Camp and have an enjoyable experience.

### **Sun Exposure**

- Campers are encouraged to wear wide brimmed hats and/or sunglasses and wear sunscreen (SPF 30 or higher).
- Parents/Guardians should apply sunscreen prior to arrival at Camp.
- Campers are encouraged to pack sunscreen, and staff are available to supervise reapplication as needed.
- Staff will provide reminders to reapply sunscreen as needed throughout the day, but we ask that parents/guardians remind their children to be sun safe throughout the day.

### **Insect Repellant**

- Insect repellant is also highly recommended for all campers. This should also be applied prior to arrival at Camp, and after application of sunscreen.
- Campers are encouraged to pack insect repellant (available in sprays/towelettes), and will be reminded to reapply throughout the day.

### **Tick Information**

- At Camp Ramsbottom, we work to limit the risks of your child being exposed to ticks.
- We have trained staff who will help to teach campers to be aware of ticks.
- We will conduct frequent tick checks throughout the day, but strongly encourage parents/guardians to do a tick check when at home.
- According to latest research, it usually takes a tick 24 hours to attach to a person, and possibly up to 48 hours before transmitting a disease. If a tick is found on a camper and not deeply attached, we can remove it. If the tick is too deeply embedded, the parent/guardian will be notified promptly to decide on the best plan for removal of the tick. Prompt tick removal is the best way to prevent tick borne disease.
- For more information about ticks please visit: [www.tickencounter.org](http://www.tickencounter.org)

## **Meningococcal Disease and Camp Attendees: Commonly Asked Questions**

### **What is meningococcal disease?**

Meningococcal disease is caused by infection with bacteria called *Neisseria meningitidis*. These bacteria can infect the tissue (the “meninges”) that surrounds the brain and spinal cord and cause meningitis, or they may infect the blood or other organs of the body. Symptoms of meningococcal disease can include fever, severe and constant headache, stiff neck or neck pain, nausea and vomiting, and rash. In the US, about 350-550 people get meningococcal disease each year and 10-15% die despite receiving antibiotic treatment. Of those who survive, about 10-20% may lose limbs, become hard of hearing or deaf, have problems with their nervous system, including long term neurologic problems, or have seizures or strokes.

### **How is meningococcal disease spread?**

These bacteria are passed from person-to-person through saliva (spit). You must be in close contact with an infected person’s saliva in order for the bacteria to spread. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils or sharing cigarettes with someone who is infected; or being within 3-6 feet of someone who is infected and is coughing and sneezing.

### **Who is most at risk for getting meningococcal disease?**

People who travel to certain parts of the world where the disease is very common, microbiologists, people with HIV infection and those exposed to meningococcal disease during an outbreak are at risk for meningococcal disease. Children and adults with damaged or removed spleens or persistent complement component deficiency (an inherited immune disorder) are at risk. Adolescents, and people who live in certain settings such as college freshmen living in dormitories and military recruits are at greater risk of disease from some of the serotypes.

### **Are camp attendees at increased risk for meningococcal disease?**

Children attending day or residential camps are not considered to be at an increased risk for meningococcal disease because of their participation.

### **Is there a vaccine against meningococcal disease?**

Yes, there are 2 different meningococcal vaccines. Quadrivalent meningococcal conjugate vaccine (Menactra and Menveo) protects against 4 sero-types (A, C, W and Y) of meningococcal disease. Meningococcal serogroup B vaccine (Bexsero and Trumenba) protects against serogroup B meningococcal disease, for age 10 and older.

### **Should my child or adolescent receive meningococcal vaccine?**

That depends. Meningococcal conjugate vaccine (Menactra and Menveo) is routinely recommended at age 11-12 years with a booster at age 16. In addition, this vaccine may be recommended for children with certain high-risk health conditions, such as those described above. Otherwise, meningococcal vaccine is not recommended for attendance at camps.

Meningococcal serogroup B vaccine (Bexsero and Trumenba) is recommended for people with certain relatively rare high-risk health conditions (examples: persons with a damaged spleen or whose spleen has been removed, those with persistent complement component deficiency (an inherited disorder), and people who may have been exposed during an outbreak). Adolescents and young adults (16 through 23 years of age) who do not have high risk conditions may be vaccinated with a serogroup meningococcal vaccine, preferably at 16 through 18 years of age, to provide short term protection for most strains of serogroup B meningococcal disease. Parents of adolescents and children who are at higher risk of infection, because of certain medical conditions or other circumstances, should discuss vaccination with their child's healthcare provider.

### How can I protect my child or adolescent from getting meningococcal disease?

The best protection against meningococcal disease and many other infectious diseases is thorough and frequent handwashing, respiratory hygiene and cough etiquette. Individuals should:

1. wash their hands often, especially after using the toilet and before eating or preparing food (hands should be washed with soap and water or an alcohol-based hand gel or rub may be used if hands are not visibly dirty);
2. cover their nose and mouth with a tissue when coughing or sneezing and discard the tissue in a trash can; or if they don't have a tissue, cough or sneeze into their upper sleeve.
3. not share food, drinks or eating utensils with other people, especially if they are ill.
4. contact their healthcare provider immediately if they have symptoms of meningitis.

If your child is exposed to someone with meningococcal disease, antibiotics may be recommended to keep your child from getting sick.

You can obtain more information about meningococcal disease or vaccination from your healthcare provider, your local Board of Health (listed in the phone book under government), or the Massachusetts Department of Public Health Division of Epidemiology and Immunization at (617) 983-6800 or on the MDPH website at [www.mass.gov/dph](http://www.mass.gov/dph).

*Provided by the Massachusetts Department of Public Health in accordance with M.G.L. c.111, s.219 and 105 CMR 430.157(C).*

*Massachusetts Department of Public Health, Division of Epidemiology and Immunization, 305 South Street, Jamaica Plain, MA 02130*

*Updated March 2018*



## Camp Ramsbottom

205 Winthrop Street/Route 44  
Rehoboth, MA 02769  
Phone: 508.252.6300  
Fax: 508.252.6012

## Contacting the Camp Office

The Camp Office is very busy; when calling, you may get a busy signal or be sent directly to voicemail. Please leave a message — they are checked regularly throughout the day.

## Boys & Girls Club of Pawtucket

One Moeller Place  
Pawtucket, RI 02860  
Phone: 401.722.8840  
Fax: 401.727.4733  
ramsbottom@bgcpawt.org  
www.bgcpawt.org

## Camp Hours

8:30 a.m. – 4:00 p.m.

## Extended Care\*

7:30 a.m. – 5:30 p.m.  
(Held at Camp Ramsbottom)

*\*Available for an additional fee*



**BOYS & GIRLS CLUB**  
OF PAWTUCKET